

Handbook Of Nutraceuticals And Functional Foods

Third Edition Modern Nutrition 1st Edition By Wildman

Robert E C 2000 Hardcover

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a wall street journal best book of the year from the award winning historian and best selling author of gettysburg comes the definitive biography of robert e lee an intimate look at the confederate general in all his complexity his hypocrisy and courage his inner turmoil and outward calm his disloyalty and his honor an important contribution to reconciling the myths with the facts new york times book review robert e lee is one of the most confounding figures in american history lee betrayed his nation in order to defend his home state and uphold the slave system he claimed to oppose he was a traitor to the country he swore to serve as an army officer and yet he was admired even by his enemies for his composure and leadership he considered slavery immoral but benefited from inherited slaves and fought to defend the institution and behind his genteel demeanor and perfectionism lurked the insecurities of a man haunted by the legacy of a father who stained the family name by declaring bankruptcy and who disappeared when robert was just six years old in robert e lee the award winning historian allen guelzo has written the definitive biography of the general following him from his refined upbringing in virginia high society to his long career in the u s army his agonized decision to side with virginia when it seceded from the union and his leadership during the civil war above all guelzo captures robert e lee in all his complexity his hypocrisy and courage his outward calm and inner turmoil his honor and his disloyalty

with rigorous research and unprecedeted insight into robert e lee s personal and public lives michael fellman here uncovers the intelligent ambitious and often troubled man behind the legend exploring his life within the social cultural and political context of the nineteenth century american south

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